



# COMPASS KIDS UTILIZES THE FOLLOWING METHODS

## SOCRATIC METHOD

Rather than lecturing our participants on a topic, we ask questions that guide thoughtful discussions and sharing of personal experiences and individual points of view.



## INTERLEAVING

Our weekly topics and activities vary greatly from artistic crafts to physical games, which prevents the meetings from feeling repetitive or monotonous.

## ELABORATION

Participants discuss topics from many different perspectives and are encouraged to examine causes, effects, intended and unintended consequences of behaviors, systems and cultural movements in order to form their own opinions.



## SPACING

Meetings are approximately 1 hr per week and topics are different each week. Our meetings encourage freedom of movement and self-expression.

## DUAL CODING

Our discussions and activities include auditory, visual and tactile applications, as to engage all learning styles.



## RETRIEVAL PRACTICE

Our participants learn a new quote each quarter which they practice every week.



## CONCRETE EXAMPLES

Our participants are encouraged to share their personal experiences, thoughts and perspectives regarding every discussion topic. This approach builds a sense of community, strengthens active listening skills, and develops their ability to communicate effectively. Furthermore, over time, participation can ease social anxiety and improve social confidence by providing positive social experiences.



## NO "SHUSHING" HAPPENING HERE!

We believe it is vital for our young people to be given the opportunity to speak about topics of varying significance such as hardship and loss, to their favorite game or place to visit. This consistent opportunity builds not only their sense of self, but strengthens their ability to communicate through experience rather than just verbal instruction.